

# BREDON HILL 2023 CALENDAR

# S P O N S O R I N F O R M A T I O N

# JANUARY

# ABM HANDY SERVICES

## **ABM Handy Services**

Local professional handyman specialising in small jobs around the house and workplace. Below are examples of works that can be undertaken but happy to discuss your requirements and needs, please get in touch.

Handyman service:

- Hanging things: TV, curtain rails, shelves, etc.
- Flatpack Assembly
- Outdoor furniture/climbing frame assembly and installation
- Fencing: post/panel repairs and replacement
- Basic carpentry: plane doors, boxing in, fitting cat/dog flap
- Locksmith
- Silicone and grout repair and replace

## Plumbing service:

- Dripping taps
- Tap replacements
- Toilet repairs
- Installation of white goods
- Shower repairs
- Sourcing and fixing leaks
- Bathroom and En suite fitting

## Electrical service:

- Change bulbs
- Fix and replace lights
- Replace switches and sockets
- Extractor fan installation
- Smoke alarms installation

## Email: andy@abmhandyservices.co.uk Tel: 07731604903



## Overbury Grasshoppers - Roots to grow and wings to fly.

The nursery is based in Overbury next to the village school and has space for 34 children per day, aged from 12 months to 5 years. We also operate an afterschool and holiday club for Overbury First School. Our ethos is one of nature and curiosity, providing opportunities for all children to reach their full potential through a variety of activities at the nursery and in the local community. We have strong ties with others in the village including the farming team, the estate garden team, the church, and the school allowing us to tap into the vast knowledge of a wide selection of professionals.

If you would like to find out more email: grasshoppers@overburyenterprises.co.uk or look us up on https://www.overburygrasshoppers.co.uk.

# MARCH



## **Back into Action**

At Back into Action Physiotherapy, we believe our approach is unique. We have spent many years working with elite athletes and professional sports people; they are a demanding bunch, so we've had to develop excellent diagnostic and treatment skills. We think there is no reason for you not to expect the very same approach and that remains our aim.

### What you can expect

You can expect us to get to know you and understand your specific needs. We will go through a detailed assessment and explain the diagnosis so that you understand it. Treatment is very much a hands-on approach; we need to get your stiff joints moving, release your muscles and improve your alignment to reduce your pain. Rehabilitation is designed to be specific to your functional problems, to get you strong and stable and to work with your lifestyle.

## We understand

We understand that builders must build, that desk dwellers sit behind their desks 10 plus hours a day, that farmers spend all summer sat on their tractors. We empathise with you when you want to do an Iron Man before you are 50, that you still want to play rugby at 30 something, trek across a desert for charity or that you are simply fed up with being unable to walk the dog up the hill. We will try to work with you to live your life and achieve your goals.

#### We aim

We aim not just to treat you, but to fix you and come up with a long-term resolution. We do not want to keep on treating you forever. In fact, we are disappointed if you are not better in a couple of sessions. It is very much a problem-solving approach based on years of experience and sound clinical reasoning. So, if you are fed up with going round in circles and not getting a solution, make an appointment and come and try our common-sense approach.

www.backintoaction.co.uk physio@backintoaction.co.uk 01684 772192

# APRIL



## **Michael's Gardening Service**

Experienced local gardener, offering a wide range of services such as:

- Herbaceous borders
- Hedge cutting
- Specialist fruit tree pruner
- Grass cutting
- Patio Cleaning
- Hanging baskets
- General garden tidy up

Covered with full public liability insurance.

## T: 07957 578 597

## MAY

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## **Halo Medical**

Laura Aggett is an orthotist with Halo Medical, she specializes in the treatment of musculoskeletal injuries to complex neurological disorders. Whether you are looking for a knee brace to get back to sports after an injury, or your feet cause you pain every time you take the dog for a walk, or you have a foot drop which has been limiting your activity for years an assessment for a device to aid your mobility will be worthwhile. Laura is now operating private clinics at the Back into Action Physiotherapy clinic in Pammington.

To arrange an appointment, you can contact Laura directly on:

## laura.aggett@halo-medical.co.uk

## What are orthotics?

An orthotic device is a splint, support or brace designed to add stability, control alignment and assist with pain management.

- At Halo Medical, we tailor every consultation to the needs of the individual.
- We use a combination of made to measure and off the shelf devices to ensure optimum treatment and comfort.
- Our digital scanning and computer aided manufacture of insoles and braces ensures a high degree of accuracy.

## Are you suffering from:

- Sore feet causing you pain or discomfort when you walk or exercise?
- Back pain you can't get rid of?
- Do you have a foot drop which causes you to trip and fall?
- Are you always having to look for small obstacles on the ground when walking?
- A leg length discrepancy which is making you feel off balance?
- Struggling to get comfortable fitting shoes or something always rubs or causes you sore feet?

Then contact us today at enquiries@halomedical.co.uk to arrange an orthotic assessment to see what we can do to help you!



For more information, please scan the QR code to visit our website or email us to book an appointment

www.kinetecuk.com | T. 01933 670 950 | E. enquiries@halo-medical.co.uk | 👩 @halomedicalofficial











# JUNE



## **Deer Park Wines**

Deer Park Wines is a family run business with vineyards nestled in the slope of the iconic Bredon Hill, steeped in history. With the first vine planted in 2016, the vines that exclusively supply our wines, are now totalling over 6000, split across three plots. The first and largest plot, Stag Oak Vineyard, borders our iconic Deer Park, were Red and Fallow Deer free roam in nature. All three of the vineyards benefit from Cotswold limestone mixed soils and the expertise of our team which have enabled us to create a selection of wines which are truly superb and full of flavour.

The success of our wines can be seen both nationally and internationally as they have regularly been recognised in wine awards such as Wine GB, International Wine Challenge and most recently the Decanter awards where all of those entered achieved bronze awards.

## www.deerparkwines.co.uk



# JULY



## **Overbury Hub – Innovative Working**

Be inspired in our beautiful rural workspace whether you need to host a client meeting, a mid-week team building event, have time away from your kitchen table or a desk you can treat as your own or just borrow occasionally.

When you work from Overbury Hub in the Old Village Shop or the Old Smithy, you can choose to use our co-working space in The Forge equipped with desks, screens, printer access, fibre wifi a serene outlook and free tea and coffee. Or try one of our three stylish meeting rooms with LED screens, writeable boards and ClickShare technology. There are also wood burners in two of the rooms for a cosy feel on a chilly winter's day. For a complete away event, book Manor Farmhouse for your colleagues and combine a mid-week meeting with a luxurious, relaxing stay. Become part of a community of businesses and enjoy opportunities to meet like-minded people to connect, collaborate and network.

Book a tour of Overbury Hub and see what you think. We look forward to showing you around.

## 01386 725 111 Reception@Overburyenterprises.co.uk

# AUGUST









## **Pig on The Hill**

Pig on The Hill is a Bredon Hill based company founded in 2009. A local family business. The 'sty' incorporates some beautiful, comfortable and unique Cotswold venues:

The Crown Inn, Kemerton – serving stunning food served alongside beautiful ales, wines and spirits with a roaring open fire.

The Old Post Office, Beckford - once you've finished your walk around The Hill it's the only place for coffee and cake and don't forget our stunning courtyard in the summer months.

The Fox and Hounds, Bredon - your local thatched pub with a great value for money menu.

Pig on The Hill offers a outdoor catering service for many functions and events across the local community. For any BBQ, spit and bar needs contact info@pigonthehill.net

We are a proud partner of Cheltenham Town Football Club and run the hospitality at every home game.

Lee and his team try to curate enjoyable venues across the local community. "The Sty" is also extremely proud to have established and operate one of the UKs largest independent festivals at Eastnor Castle called Lakefest. Headliners have included Sir Tom Jones, Manic Street Preachers, Kaiser Chiefs and Supergrass.

Pig on The Hill strive to conduct kind business. We feel our Lakefest strap line sums us up well:

"Natural Paradise, Rocked with Music, Powered by Love, Creating Smiles."

## www.pigonthehill.net

# SEPTEMBER



## Sue Nash Yoga

Sue Nash Yoga has local classes which are suitable for anyone who would like to learn better movement patterns, gain better mobility, greater flexibility, improved balance and relaxation. Sue has over 22 years of teaching experience and teaches a flowing style of yoga with an emphasis on strength, stability and flexibility. There are classes to suit everyone (beginners, people with injuries, experienced yogis). Sue also offers one to one tuition in the comfort of your own home.

Move, flow, breathe, strengthen and then relax.

Timetable

Monday

9.30am Bredon Village Hall – Gentle Session

6.30pm Bredon Village Hall – More Challenging Session

Tuesday

6.30pm Online class – More Challenging Session

Thursday

6.30pm Overbury School – General Session

# Contact Sue on 07890 734783 or sue@suenash.co.uk www.suenash.co.uk

## OCTOBER

## THE NAME LABEL COMPANY

LABELS FOR LIFE

## The Name Label Company

The Name Label Company is an Independent and Sustainable Family-Based Business based at The Milking Parlour in the beautiful village of Overbury. We are dedicated to producing the highest quality Personalised Name Labels to identify clothing and personal possessions.

#### We make Labels for life!

Aiming to hold your hand from Nursery to Later Life with all the fun bits in between, like School, Camp & College/University. We also specialise in labels for people with Special Needs, Disabilities & Care & Nursing facilities.

We don't only do Name Labels. We can do a wide range of other labels, for example, jars, bottles, tins etc. We also do banners, pull-up banners, signs, posters, wall, floor & window graphics as well.

Our aim is to make great labels, at affordable prices that work, whilst offering great customer service whatever stage you are in your life.

## www.namelabelco.com

## NOVEMBER



LAND AND PROPERTY PROFESSIONALS

## **Sheldon Bosley Knight**

Founded in 1843, has grown to become one of the UK's most trusted estate, land, and property agencies with a team of more than 100 and trusted by thousands of happy customers.

What started out as a business focusing on auctions and on-site farm sales, has diversified, and expanded over the years into 10 specialist departments, across four counties, and we are proud to be embedded in the local communities we serve.

We are therefore proud, honoured and delighted to be part of, and supporting, such a great community campaign as the Overbury Playground Appeal. We would like to wish it every success in raising the money it needs for these amazing new facilities which will be of enormous benefit to all the children in this very special community.

And no matter what your property requirements, whether you are buying, selling, or developing, please do visit our Pershore, Winchcombe or Evesham offices, headed up by Lara Hawkins and Angie Hill, to see how our expert and highly qualified surveyors, architects, planners, and estate agency professionals can help get you moving!

## www.sheldonbosleyknight.co.uk

OVERBURY Stud

## **Overbury Stud**

Overbury Stud is a dual-purpose stallion stud farm run by Simon Sweeting standing the stallions Ardad, Jack Hobbs, Golden Horn, Frontiersman and Schiaparelli.

www.ovstud.co.uk Twitter: @overburysires



## **David Fenton Consultancy**

David Fenton Consultancy is an advisory business, acting for private individuals to large corporates, across all sectors of the property industry.

Praised for his excellent communication skills and extensive Black Book of connections, David is a well-respected and highly skilled negotiator specialising in housebuilding, strategic land, storage and distribution sites, regeneration, renewables and waste and private equity funding.

## **Fundraising Events**

### **Premium Fundraising Entertainment**

Specialising in Race Nights, Fun Casino and Quiz events.

Organise a fun and exciting event, raising lots for your charity, club or school, with minimum hassle. With over 20 years' experience Fundraising Events are the finest event supplier in the UK. We provide these activities to many 'blue chip' corporate and charity clients.

Our standards of equipment and presentation are very high - you will be impressed with what you get for your money!

## StudioTM

StudioTM is the graphic design studio of Tom Martin, based in Kemerton, Worcestershire.

Tom works with his clients to design reports, websites, logos, brand identities, leaflets, presentations — and lots of other printed and digital materials.

To see Toms work, please visit: www.studiotm.design

To send an enquiry for your project, please contact Tom on: tom@studiotm.design, or call 07732671392



